

Viral Policy

Working in the medical field, we naturally follow sanitary procedures. With the condition of the viral world, we are facing another virus COVID-19. My recommendations are as follows:

1. Keep hands clean (wash often).
2. Wipe down periodically your computers, desktops and phones.
3. Avoid personal contact (handshaking) and maintain social distancing.
4. Common sense issues, sneezing and coughing in Kleenex or your sleeve.
5. Wearing gloves during work could be helpful to decrease risk and will help if needed to limit touching your face (nose, eyes and mouth).
6. Our nurses have been made aware of who to call if a person is possibly infected.
7. In physical therapy, we will be wiping all machines after each patient has finished use.
8. We remain vigilant with any persons that are elderly and have multiple co-morbidities or are immune suppressed. These patients could have their medication called in for the next two months to avoid any contact in the office.
9. By all means, if you have serious flu like symptoms of concern, please stay home.
10. Hopefully this virus will be self-limiting in a short period. Use your common sense and hopefully it will soon pass.
11. By all means, stay calm and let's be proactive, not reactive.

Professionally,

Michael D. Calabrese, MD

Medical Care of WNY